





Hanging Heaton C of E (VC) J & I School – Working at home work


Class/Year Group: Year 5/6

Week commencing: 22nd June 2020

Dear Parents/Carers, Please find below activities to support your child’s continued learning at home. It is important during this time that we try to build on the learning that has taken place in school although we do realise that it is impossible to replicate school whilst home learning. The more children can keep up with their learning, the easier the transition back into school will be. We appreciate your support in this.

Area	Monday	Tuesday	Wednesday	Thursday	Friday
Reading	At least 15 minutes	At least 15 minutes	At least 15 minutes	At least 15 minutes	At least 15 minutes
English 	Complete the Mo Farah reading comprehension below.	Handwriting and spelling practise. Have a go at look, cover, write and check all your spelling words. Practise them with your best writing – joined. Can you create a puzzle for your spellings? This could be a word search, crossword or even a code breaker.	Watch this video https://vimeo.com/70975460 <ul style="list-style-type: none"> • Create a story mountain/timeline of events. • Use a thesaurus to think of different ways of describing the movement shown in the video. • Pause the video at various points and make a list of words that can be used to describe the action taking place. • What words/phrases can you use to convey the tension in the animation? • Pause the video when the camera focusses on the faces of the various characters. What might they be thinking/feeling at these points? 	Retell the events of the video, using the vocabulary and story mountain/timeline that you collected yesterday. Don’t forget your different sentence structures (DADWAVERS/ISPACED – see below) to keep your writing interesting. Be careful with your spellings and punctuation too. Remember apostrophes, brackets, dashes, colons, semi-colons etc.	Create the backstory for the running character (called Olympia). Where does she come from? How did she come to be involved in the events in the animation? You could write this as a prequel (a story telling the events that happened leading up to the story you wrote yesterday) or it could be in the style of a personal recount (e.g. autobiography/diary) or even a newspaper article, poem or song! Be as creative as you like as long as you can show who she is, where she came from and how she ended up involved in the events in the video.
Maths 	Remind yourself of the names and properties of angles and create a revision poster to help you this week – acute, right, obtuse, reflex, angles on a straight line, angles in a full turn, angles in a triangle, angles in a quadrilateral. Include some example pictures/diagrams.	Play this game to practise measuring angles using a protractor then move on to estimating angles without the protractor: https://mathsframe.co.uk/en/resources/resource/470/Angle-Alien-Attack This game asks you to work out what angle is needed	Practise lots of your skills and understanding of angles with this mission game: https://www.topmarks.co.uk/FIash.aspx?a=activity16	These games on classroom secrets involve some calculation of angles: https://kids.classroomsecrets.co.uk/resource/year-6-introduce-angles-game/ https://kids.classroomsecrets.co.uk/resource/year-6-vertically-opposite-angles/	Remembering that angles in a triangle total 180° and angles in a quadrilateral total 360°, complete the missing angles in the shapes below.

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		<p>to squirt water at different objects: http://flash.topmarks.co.uk/4772 If you have a protractor, you could practise estimating and measuring angles around your home or draw some of your own.</p>			
<p>Foundation subjects</p> 	<p>Visit https://www.bbc.co.uk/bitesize/topics/z87tn39/articles/z36j7ty to find out more about the Ancient Greek Olympics. Watch the short video and click through the interactive and the photo gallery. Then, sort these sports into Ancient Olympics, Modern Olympics or Both. Write a short description of each event.</p> <p>running jumping gymnastics archery javelin throw boxing swimming cycling chariot racing Taekwondo pankration wrestling canoeing discus basketball volleyball</p>	<p>Create a new event for the Olympic games. It could be a running, jumping, throwing or balancing event or something else you can think of. What skill(s) does your event involve? What will the rules of your event be? How will you explain these to the athletes taking part? How will an athlete win your event? Will there be rounds? Will it be the fastest? Will it be the most precise? How can an athlete improve their performance in your event? What will they need to practise? What equipment, apparatus or special clothing will an athlete need to participate in your event? Don't forget to give your event a name! If possible, you could practise your event with your family!</p>	<p>Go to https://request.org.uk/teachers/teaching-resources/festivals-resources/what-colours-are-used-to-symbolise-important-times-within-the-christian-calendar/ to find out about the symbolic colours used in church throughout the Christian year. Read the information sheet (second link) and complete the activity sheet (first link). Don't worry if you don't have a printer – you can copy the information on it easily.</p>	<p>Find out about Charles Darwin and create a fact file about him. Here are some links that might help you: https://www.bbc.co.uk/teach/clip-clip-video/ks2-charles-darwin-victorian-science/zddbnd https://www.bbc.co.uk/bitesize/topics/zvhhvcw/articles/z9qs4qt https://www.bbc.co.uk/teach/charles-darwin-evolution-and-the-story-of-our-species/z7rvxyc Include these details in your fact file: Full name Date of birth Place of birth Famous for Who was Charles Darwin? Charles Darwin's life Interesting facts about Charles Darwin</p>	<p>Athletes who come first, second and third in an Olympic event receive a medal – either gold, silver or bronze. Design three new medals (a gold, silver and a bronze) including ribbon for the event you invented on Tuesday. Take your time thinking about particular symbols and shapes – your medal doesn't have to be round! Perhaps search online for different styles. Annotate your designs with labels, explaining why you have chosen the designs you have.</p>

This week's spellings are: Year 5 – boastful, faithful, doubtful, fearful, thankful, beautiful, pitiful, plentiful, fanciful, merciful

Year 6 – deafening, piercing, blaring, ear-piercing, raucous, silent, tranquil, inaudible, unobtrusive, peaceful

This week's mental maths challenge is: Find different ways to make 90, 180 and 360 using all four operations. You could use a number generator and play it like countdown.

DADWAVERS = description, action, dialogue, where, adverbial, verb, estimation of time, rhetorical question, simile/metaphor

ISPACED = -ing, simile, preposition, adverb, conjunction, -ed, dialogue

Mo Farah

Name: Mohamed Muktar Jama Farah

Born: 23 March 1983 in Mogadishu, Somalia

Childhood

At the age of 8, Mo arrived in the UK from Mogadishu, with his parents and twin brother, speaking very little English. He grew up in West London and began running at school when his talent was spotted by his PE teacher. He didn't always dream of a big career in athletics. Instead, Mo's main ambitions were actually to become either a car mechanic or to play for Arsenal football club. In his teens, he joined the Borough of Hounslow Athletics Club and became a very successful junior athlete. He won the European Junior 5000m title in 2001 before breaking into the senior GB athletics squad in 2006.

Achievements

In May 2008, Mo claimed the fastest UK men's time for eight years in the 10,000 metres and easily qualified for the 2008 Beijing Games. However, in Beijing, much to Team GB's and Mo's disappointment, he was knocked out of both of his events in the qualifying rounds and did not make it to an Olympic final. This spurred Mo on to train even harder for the next four years so he would be able to have another attempt at fulfilling his Olympic ambitions. On the 4th August 2012, Mo finally accomplished his dream at the London Olympic Games. This time, with the unwavering support of his home fans in the Olympic Stadium, he easily made the finals for both his events. In his first final, Mo won the 10,000 metre gold. This was Great Britain's first ever Olympic gold medal in the 10,000m and came just after two other gold medals for Great Britain in the same athletics session. The night was later dubbed 'Super Saturday'. A week later on the 11th August 2012, Mo completed an athletics double by also winning the 5000 metres. This meant Mo joined just five other athletes in the entire history of the Olympic Games to win the 5k/10k double and the only athlete ever to do it on home soil. Mo famously celebrated his wins with his unique, celebratory dance pose that he went on to call the 'Mobot'. Four years later, at the 2016 Rio Olympic Games, Mo successfully defended his Olympic title and won gold in the 10,000 metres and in the 5,000 metres again. In doing so, Mo became only the second man to ever win those races in two consecutive games.



Olympic Games and Medals

• 2012 London Games:

2 gold medals
(10,000 metres and 5,000 metres)

• 2016 Rio Games:

2 gold medals
(10,000 metres and 5,000 metres)

Mo Farah

Life after the Olympics

Following his 2012 successes, Mo was given a CBE in The Queen's 2013 New Year Honours List. He also has a lasting reminder of his achievement in his hometown of Teddington, West London, where a post box was painted gold to commemorate his Olympic victories. After competing at the 2017 World Championships, where he won a gold and silver medal, Mo decided to retire and has since switched his attention to marathon running.

Despite his advancing age, Mo is still a major competitor in international athletics and, as recently as 2015, he repeated his long-distance gold medal double at the Athletics World Championships. He also does a lot of charity work for The Mo Farah Foundation, which helps provide life-saving aid to some of the millions of people facing starvation and disease in Mo's birthplace of Somalia. Very generously, every time anyone posts a YouTube video copying his 'Mobot' pose, Mo donates £2 to his charity!

On 14th November 2017, Mo was honoured by The Queen with a Knighthood in recognition of his services to athletics.

Amazing Fact!

Mo's secret training weapon is his underwater treadmill which he runs on while wearing scuba-diving equipment. He uses this machine three or four times a week when he's in competition training!

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Questions

Answer the following questions using full sentences that give as much detail as possible.

1. Did Mo dream of athletics success from a young age?

2. What was the name of the athletics club that Mo joined as a junior?

3. Why did Mo have a major disappointment in 2008?

4. Why did British people go on to call 4th August 2012 'Super Saturday'?

5. Give TWO reasons why Mo's Olympic double win at the 2012 London Games was so special.

6. Choose TWO adjectives to describe Mo Farah's character. Explain your choices.

I think Mo is _____ because... _____

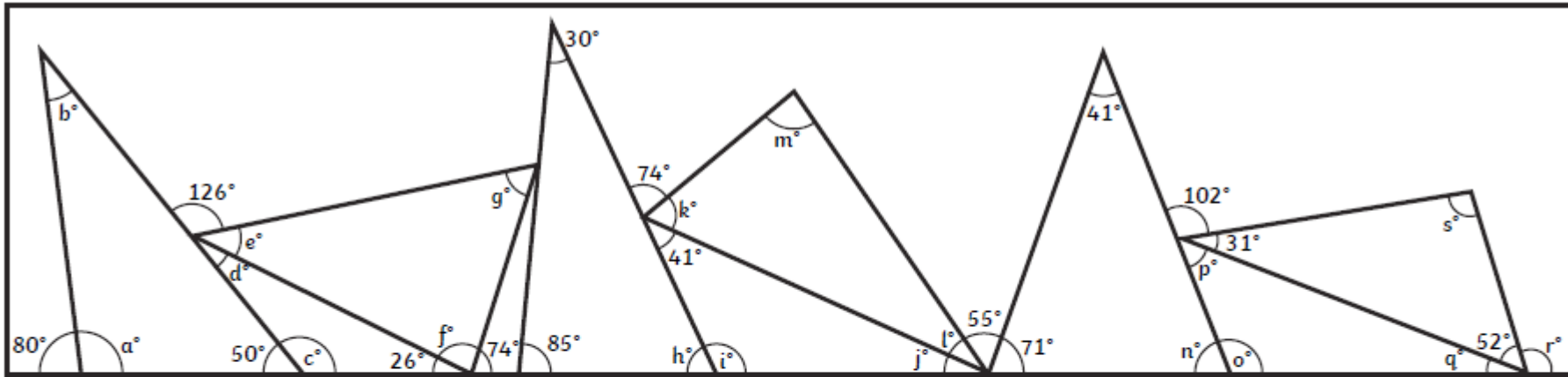
I think Mo is _____ because... _____

7. Where does the charity money raised by 'The Mo Farah Foundation' go to?

Why do you think this is?

8. Mo's secret weapon is his underwater treadmill training. Do some research on the Internet to find out why running in water is beneficial to athletes.

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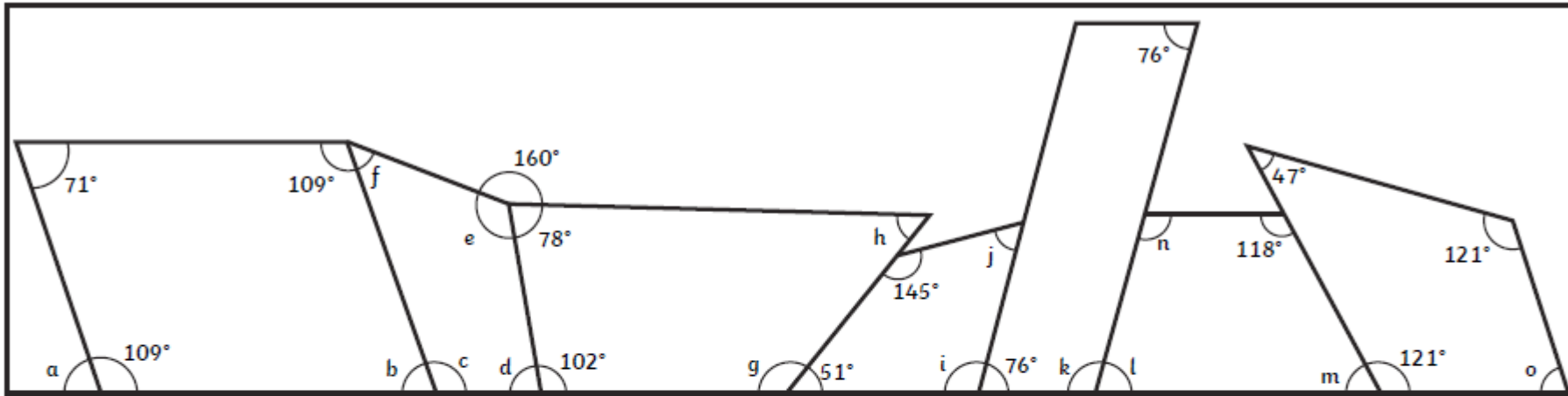
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